HEALTH, PHYSICAL EDUCATION & RECREATION (HPER)

**HPER 8000 SPECIAL STUDIES (1-3 credits)**
A series of intensive courses - scheduled as regular seminars or workshops according to purpose.
Prerequisite(s)/Corequisite(s): Permission of department.

**HPER 8030 RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION (3 credits)**
The course deals with scientific writing, research techniques, statistics, and quantitative research design and technique. Considerable emphasis is placed on evaluation of research in scholarly publications. A research proposal in a form of a master's thesis or doctoral dissertation is written as one of the course requirements. (Cross-listed with HPER 9031).
Prerequisite(s)/Corequisite(s): Graduate standing. Not open to non-degree graduate students.

**HPER 8100 RESEARCH PROJECT (1-3 credits)**
Individual or group study and analysis of specific problems in health, physical education or recreation.
Prerequisite(s)/Corequisite(s): Permission of instructor.

**HPER 8220 PROBLEMS & ISSUES IN HPER (3 credits)**
An examination of current problems and issues in HPER that relate to the general aims and purposes of HPER.

**HPER 8300 ANALYSIS OF RESEARCH AND LITERATURE IN HUMAN MOVEMENT (3 credits)**
Survey of research and literature in Human Movement for the purpose of orienting the candidate to possible areas of research and developing an understanding of and appreciation for writings in the field. The course may be offered focusing on only one specific area in HPER.
Prerequisite(s)/Corequisite(s): HPER 8030

**HPER 8500 QUALITATIVE RESEARCH METHODS (3 credits)**
An examination of qualitative research methods. Emphasis on the broad application of qualitative research in public health, education, and social sciences. Course topics include research design, data collection, data analysis, and reporting.
Prerequisite(s)/Corequisite(s): Not open to non-degree graduate students.

**HPER 8850 EXERCISE FOR SPECIAL POPULATIONS (3 credits)**
The course will examine the physiological and medical limitations imposed on people with various common chronic diseases/conditions including arthritis, osteoporosis, exercise-induced asthma, obesity, diabetes, hypertension and pregnancy. Special groups such as children and elders will be discussed. Content will emphasize the etiology and guidelines for exercise testing, prescription, and supervision. (Cross-listed with HPER 8851).
Prerequisite(s)/Corequisite(s): PE 4940 or PE 8946

**HPER 9031 RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION (3 credits)**
The course deals with scientific writing, research techniques, statistics, and quantitative research design and technique. Considerable emphasis is placed on evaluation of research in scholarly publications. A research proposal in a form of a master's thesis or doctoral dissertation is written as one of the course requirements. (Cross-listed with HPER 8030).
Prerequisite(s)/Corequisite(s): Graduate standing. Not open to non-degree graduate students.

**HPER 9851 EXERCISE FOR SPECIAL POPULATIONS (3 credits)**
The course will examine the physiological and medical limitations imposed on people with various common chronic diseases/conditions including arthritis, osteoporosis, exercise-induced asthma, obesity, diabetes, hypertension and pregnancy. Special groups such as children and elders will be discussed. Content will emphasize the etiology and guidelines for exercise testing, prescription, and supervision. (Cross-listed with HPER 8850).
Prerequisite(s)/Corequisite(s): PE 4940 or PE 8946.