### GERONTOLOGY, BACHELOR OF SCIENCE

#### Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>GERO 2000</td>
<td>INTRODUCTION TO GERONTOLOGY</td>
<td>3</td>
</tr>
<tr>
<td>GERO 3070</td>
<td>DEATH &amp; DYING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 3500</td>
<td>BIOLOGICAL PRINCIPLES OF AGING</td>
<td>3</td>
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<tr>
<td>GERO 4460</td>
<td>PSYCHOLOGY OF ADULT DEVELOPMENT AND AGING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4470</td>
<td>MENTAL HEALTH &amp; AGING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4550</td>
<td>HEALTH ASPECTS OF AGING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4670</td>
<td>PROGRAMS AND SERVICES FOR THE ELDERLY</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4690</td>
<td>WORKING WITH MINORITY ELDERLY</td>
<td>3</td>
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**Gerontology Electives**

Select an additional 9 credit hours of Gerontology coursework, based on interests and career objectives.

**Gerontology Practicum**

Select 12-14 credits from the following:

- GERO 4940 PRACTICUM

**Statistics**

Each student must complete three credit hour course in basic statistics. Acceptable courses include statistics courses include:

- PA/CRCJ/ SOWK 3000 APPLIED STATISTICS AND DATA
- STAT 3000 STATISTICAL METHODS I
- SOC 2130 SOCIAL STATISTICS
- MATH 1530 INTRODUCTION TO APPLIED PROBABILITY AND STATISTICS
- PSYC 3130 STATISTICS FOR THE BEHAVIORAL SCIENCES

Other statistics courses may be approved by academic advisors.

**Research Methods**

Each student must complete three credit hour course in basic research methods. Acceptable courses include:

- CRCJ 2510 RESEARCH METHODS
- SOC 3510 RESEARCH METHODS

Other research methods courses may be approved by academic advisors.

**Area of Concentration or Minor**

Select an "Area of Concentration or Minor"

| Total Credits | 18 |

1. Each course must be completed with a "C-" or higher. No CR/NC can be applied.
2. Course must be completed with a "C" or higher. No CR/NC can be applied.
3. Pre-requisite: 9 credit hours in Gerontology, 2.50 GPA
4. To encourage important real-world experience before graduation, all students complete 156 hours in a practicum site of their choice.

#### Area of Concentration or Minor

Students choose a concentration or minor to complement their degree. Students may choose any approved UNO minor or from three Gerontology-approved concentrations: Pre-Health Concentration, Long Term Care Administration Concentration, or Health Aging Concentration.

Students may also complete a double degree or double major to fulfill this requirement.

If a minor is chosen, students must abide by specific UNO minor requirements. All courses for Gerontology-approved concentrations must be completed with a "C-" or higher and no CR/NC is accepted.

#### Pre-Health Concentration

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<tr>
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<tbody>
<tr>
<td>GERO 4560</td>
<td>NUTRITION AND AGING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4850</td>
<td>HOSPICE &amp; OTHER SERVICES FOR THE DYING PATIENT/FAMILY</td>
<td>3</td>
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</table>

Select 12-14 credits from the following:

- CHEM 1140 FUNDAMENTALS OF COLLEGE CHEMISTRY & CHEM 1144 and FUNDAMENTALS OF COLLEGE CHEMISTRY LABORATORY
- CHEM 1180 GENERAL CHEMISTRY I & CHEM 1184 and GENERAL CHEMISTRY I LABORATORY
- CHEM 1190 GENERAL CHEMISTRY II & CHEM 1194 and GENERAL CHEMISTRY II LABORATORY
- CHEM 2210 FUNDAMENTALS OF ORGANIC CHEMISTRY & CHEM 2214 and FUNDAMENTALS OF ORGANIC CHEMISTRY LABORATORY
- CHEM 2250 ORGANIC CHEMISTRY I
- CHEM 2260 ORGANIC CHEMISTRY II & CHEM 2274 and ORGANIC CHEMISTRY LABORATORY
- BIOL 1450 BIOLOGY I
- BIOL 1750 BIOLOGY II
- BIOL 2140 GENETICS
- BIOL 2440 THE BIOLOGY OF MICROORGANISMS
- BIOL 2740 HUMAN PHYSIOLOGY AND ANATOMY I
- BIOL 2840 HUMAN PHYSIOLOGY AND ANATOMY II
- BIOL 3020 MOLECULAR BIOLOGY OF THE CELL
- HPER 3090 APPLIED NUTRITION
- BMCH 2400 HUMAN PHYSIOLOGY & ANATOMY I
- BMCH 2500 HUMAN PHYSIOLOGY AND ANATOMY II
- PHYS 1050 INTRODUCTION TO PHYSICS & PHYS 1054 and INTRODUCTION TO PHYSICS LABORATORY
- PHYS 1110 GENERAL PHYSICS I WITH ALGEBRA & PHYS 1154 and GENERAL PHYSICS LABORATORY I
- PHYS 1120 GENERAL PHYSICS & PHYS 1164 and GENERAL PHYSICS LABORATORY II
- PHYS 2110 GENERAL PHYSICS I - CALCULUS LEVEL & PHYS 2114 and GENERAL PHYSICS LABORATORY I
- PHYS 2120 GENERAL PHYSICS-CALCULUS LEVEL & PHYS 1164 and GENERAL PHYSICS LABORATORY II

| Total Credits | 18-20 |

1. Denotes a Natural Science general education course. To maximize credits, students may choose to use these courses toward their general education instead and take the more advanced courses for their Pre-Health concentration. (These will not double count in both Natural Science and the concentration.)

#### Long Term Care Administration Concentration

Students will be advised to take courses that will prepare them to meet the course requirements for nursing home administrators in Nebraska.
### Gerontology Course Requirements:

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<tbody>
<tr>
<td>GERO 4350</td>
<td>ISSUES IN AGING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4520</td>
<td>SENIOR HOUSING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4510</td>
<td>LONG-TERM CARE ADMINISTRATION</td>
<td>3</td>
</tr>
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### Related Electives:

Select 9 credits from the following (students must meet all applicable pre-requisites):

- ACCT 2000 ACCOUNTING BASICS FOR NON-BUSINESS MAJORS
- ACCT 2010 PRINCIPLES OF ACCOUNTING I
- ACCT 2020 PRINCIPLES OF ACCOUNTING II
- ECON 2200 PRINCIPLES OF ECONOMICS (MICRO)
- ECON 2220 PRINCIPLES OF ECONOMICS (MACRO)
- GERO 4350 ISSUES IN AGING
- MGMT 3490 MANAGEMENT
- ENTR 3710 ENTREPRENEURIAL FOUNDATIONS
- MKT 3310 PRINCIPLES OF MARKETING
- PA 2000 LEADERSHIP & ADMINISTRATION
- PA 2170 INTRODUCTION TO PUBLIC ADMINISTRATION
- PA 3180 ELEMENTS OF PUBLIC MANAGEMENT
- PA 3200 PROGRAM PLANNING AND EVALUATION
- PA 3500 NONPROFIT ORGANIZATIONS AND MANAGEMENT
- RELU 2410 REAL ESTATE PRINCIPLES AND PRACTICES
- CMST 3130 SPEECH COMMUNICATION IN BUSINESS AND THE PROFESSIONS

Total Credits: 18

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1 Denotes a Social Science course. Students may choose to use these courses within General Education or within their concentration. If using the courses in General Education, this allows more advanced coursework within their concentration area.

### Healthy Aging Concentration

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<tbody>
<tr>
<td>GERO 4420</td>
<td>RECREATION FOR THE AGING</td>
<td>3</td>
</tr>
<tr>
<td>GERO 4560</td>
<td>NUTRITION AND AGING</td>
<td>3</td>
</tr>
<tr>
<td>RLS 3500</td>
<td>FOUNDATIONS OF RECREATION THERAPY</td>
<td>3</td>
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### Related Electives:

Select 9 credits from the following:

- HED 1500 FOUNDATIONS IN PUBLIC HEALTH
- HED 2070 DRUG AWARENESS
- HED 2850 STRESS MANAGEMENT
- HED 2310 HEALTHFUL LIVING
- HED 3080 HEALTH CONCEPTS OF SEXUAL DEVELOPMENT
- HED 3310 GENERAL SAFETY EDUCATION
- HED 4050 INTRODUCTION TO RESEARCH IN PUBLIC HEALTH
- HED 4130 COMMUNITY HEALTH
- HED 4650 GLOBAL HEALTH
- HPER 3090 APPLIED NUTRITION
- PE 1800 FITNESS FOR LIVING
- PE 3900 MOTIVATION FOR PHYSICAL ACTIVITY
- RLS 2440 FOUNDATIONS OF RECREATION AND LEISURE

Total Credits: 18

May also choose up to 3 courses from:

- PEA 111S RELAXATION TECHNIQUES
- PEA 111T YOGA I
- PEA 111U YOGA II
- PEA 112D PILATES MATWORK
- PEA 112H BALLROOM DANCE I
- PEA 112I TAI CHI FOR MOVEMENT IMPROVEMENT
- PEA 112L WALKING/JOGGING