HEALTH EDUCATION (HED)

HED 1500 FOUNDATIONS IN PUBLIC HEALTH (3 credits)
An introductory course for health education majors and minors that examines the relationship of health education to general education. The course includes an orientation to the process and the profession of community and school health education and a consideration of current trends, problems and issues and their implications for health professionals. The course will help candidates develop the knowledge, skills, competencies, and attitudes necessary to orchestrate the learning environment to health education.

HED 2070 DRUG AWARENESS (3 credits)
An introduction to the effects and rationales of drug use, misuse, and abuse. Included are the physiological, psychological, sociological, pharmacological, and legal aspects of drugs in a culturally diverse United States and abroad.

HED 2310 HEALTHFUL LIVING (3 credits)
A study of selected health problems and controversies in our society as related to knowledge, attitudes, and behaviors necessary for healthful living in a culturally diverse society.

HED 2850 STRESS MANAGEMENT (3 credits)
The health-related aspects of stress will be the focus of this course. Selected techniques for the self-regulation of stress will be demonstrated, practiced, and analyzed. Pressures from the culturally diverse United States and implications of a global society will be analyzed. Students will develop skills and competencies necessary to create a learning environment conducive to reducing stress.

HED 3000 SPECIAL PROJECTS (1-3 credits)
This course is designed to provide an opportunity to study a topic in health education through short course, seminar, workshop, or special project.
Prerequisite(s)/Corequisite(s): The prerequisite for the special project will be determined by the instructor.

HED 3030 FIRST AID (3 credits)
Designed to give students knowledge and skill in implementing immediate, temporary treatment in case of injury or sudden illness before the services of a physician. Upon successful completion of the course, a student will receive a standard first aid and cardiopulmonary resuscitation certificate.

HED 3070 DEATH AND DYING (3 credits)
An interdisciplinary survey of literature in the field of thanatology, with an emphasis on working with the older patient and his or her family. (Cross-listed with GERO 3070).

HED 3080 HEALTH CONCEPTS OF SEXUAL DEVELOPMENT (3 credits)
An examination of factors influencing sexual development. Emphasis is given to topics pertinent to healthful living in today's culturally diverse, global society. (Cross-listed with WGST 3080).

HED 3310 GENERAL SAFETY EDUCATION (3 credits)
This course is designed to develop an awareness of safe living in today's multicultural and global society. It explores a multitude of safety programs for school, business, recreation, transportation, and the home. Special emphasis is placed on school safety education. The course is primarily designed for students, teachers, and administrators so that they may intelligently participate in the development of a program conducive to teaching safety.

HED 4000 METHODS & MATERIALS IN HEALTH EDUCATION (3 credits)
This course will provide an opportunity to study, develop and use different materials and equipment in health education. Various methods of teaching health will be practiced and evaluated. Candidates will be able to gain classroom and field experience (service-learning) in planning lessons and presentations.
Prerequisite(s)/Corequisite(s): Junior standing, HED 1500

HED 4040 EPIDEMIOLOGY & PREVENTION OF DISEASE (3 credits)
The course is designed for school and community health education students and others who are interested in public health. The cause, prevention, treatment and control of prevalent communicable and non-communicable disease in a culturally diverse and global society will be emphasized. Special emphasis will be given to diseases and health problems that can be prevented or controlled through education and advocacy.
Prerequisite(s)/Corequisite(s): HED 1500

HED 4050 INTRODUCTION TO RESEARCH IN PUBLIC HEALTH (3 credits)
This course will assist students to develop the basic skills to read and evaluate applied research to address contemporary problems in public health. The course will provide an introduction to proposal writing, data collection, research design, statistical analysis, computer application, and writing of research reports. Unique problems associated with data collection in public health settings such as public health departments, neighborhood health centers, and community based organizations will be addressed.
Prerequisite(s)/Corequisite(s): Junior standing

HED 4060 SCHOOL HEALTH PROGRAMS (3 credits)
The purpose of this course is to provide information and strategies for planning, implementing, and evaluating Coordinated School Health Programs (CSPH) for diverse cultural groups. Content includes an overview of school health programs, the essential functions of each of the eight components, the role of national and state organizations in working with local agencies and school districts in promoting the development of comprehensive school health programs.
Prerequisite(s)/Corequisite(s): HED 1500

HED 4130 COMMUNITY HEALTH (3 credits)
A survey course of community health issues. The basics of epidemiology/ statistical sciences, environmental health, managerial/administrative sciences, and behavioral/social sciences for community health are examined. Health education candidates will gain skills needed to develop and manage community health programs.
Prerequisite(s)/Corequisite(s): HED 1500

HED 4280 SOCIAL MARKETING FOR PUBLIC HEALTH (3 credits)
This course will introduce students to current theory, practices and resources in the field of social marketing as it relates to public health. Students will analyze and implement social marketing techniques.
Prerequisite(s)/Corequisite(s): HED 1500

HED 4400 HEALTH LITERACY (3 credits)
This course is designed to provide students with the competencies to reduce problems associated with low health literacy. The two primary foci will be strategies to help patients and other health consumers improve their health literacy, and strategies to help health providers and health educators communicate in a manner that can be understood by all persons regardless of their health literacy
Prerequisite(s)/Corequisite(s): HED 1500

HED 4420 PUBLIC HEALTH INFORMATICS (3 credits)
Students will learn the implementation, operation, and application of health information systems. Students will explore the legal and ethical issues surrounding health informatics and patient records, management and communication in health informatics, and social and organizational issues pertaining to health informatics.
Prerequisite(s)/Corequisite(s): HED 1500.
HED 4550  HEALTH ASPECTS OF AGING (3 credits)
This course emphasizes health promotion for older adults. Special health needs of older Americans are compared and contrasted with health needs for other age groups. Prevention or delaying of chronic diseases and disorders are emphasized. (Cross-listed with GERO 4550 and GERO 8556 and HED 8556 and WGST 4550).

HED 4650  GLOBAL HEALTH (3 credits)
This course will explore contemporary health problems around the world with particular emphasis being placed on problems experienced by developing countries. The political, economic, social, geographical, biological aspects of the problems and possible solutions will be addressed.
Prerequisite(s)/Corequisite(s): Junior standing
Distribution: Global Diversity General Education course

HED 4700  WOMEN'S HEALTH AND ISSUES OF DIVERSITY (3 credits)
This course provides a critical understanding of the inter-relationship between socio-cultural, economic, and political factors and women's physical and mental health. The aim is to provide an overview of the experience with the health care system. Emphasis will be on critically examining recent scholarship from a sociological, behavioral, health policy perspective. (Cross-listed with HED 8706, SOC 4700, SOC 8706).
Prerequisite(s)/Corequisite(s): Junior Standing or permission of the instructor.
Distribution: U.S. Diversity General Education course

HED 4880  PUBLIC HEALTH POLICY (3 credits)
This course is designed to provide an overview of the U.S. health system, and an introduction to the skills necessary to address health policy issues. Students will develop a working knowledge of health services terminology, recognize basic health care concepts, distinguish between various components of the health care delivery system and be able to apply concepts learned in the analysis of a public health problem.
Prerequisite(s)/Corequisite(s): HED 1500.

HED 4950  PUBLIC HEALTH LEADERSHIP AND ADVOCACY (3 credits)
This course reviews public health leadership concepts and practices that prepare candidates to fulfill professional roles as advocates and leaders in the health field. Politics and power structure in communities and organizations are addressed. The processes through which changes in the political, economic, organizational, and physical environment related to health status and health behavior are brought about will be addressed. Media advocacy, the legislative process, community organization, and coalition development will be explored as means of environmental change.
Prerequisite(s)/Corequisite(s): HED 1500.

HED 4960  HEALTH EDUCATION - PLANNING AND ORGANIZATION (3 credits)
The course is designed to provide the community and school health education candidates a better understanding of planning and organization in the health education field. The use of planning tools including social assessment methods, epidemiological methods, behavioral methods, organizational methods, administrative methods and evaluation procedures for health education and health promotion will be included. Service learning and grant writing components will be emphasized.
Prerequisite(s)/Corequisite(s): HED 1500, HED 4040, Senior standing.

HED 4990  INTERNSHIP IN PUBLIC HEALTH (6 credits)
This internship provides on-the-job training for health students in the non-teacher certification program in a cooperative program with state and local health departments and other appropriate community and public health agencies. Direct field experience is completed by the student under the supervision of an experienced community health educator in an approved public health agency.
Prerequisite(s)/Corequisite(s): Completion of or current enrollment in core courses, GPA of 2.5 or above in required courses, and no grade below a C in required courses, and permission of instructor.