HEALTH, PHYSICAL EDUCATION & RECREATION (HPER)

HPER 2400  HEALTH ED. & PHYSICAL ED. FOR THE ELEMENTARY SCHOOL TEACHER (3 credits)
This course is designed to aid the classroom teacher in developing and implementing health education and physical education programs in the elementary school curriculum.
Prerequisite(s)/Corequisite(s): EDUC 2010

HPER 3090  APPLIED NUTRITION (3 credits)
The purpose of this course is to provide candidates with information from which to make informed decisions about their own personal nutrition and to apply nutritional concepts to the design of interventions in health, exercise science, physical education, and athletic training.