

# HEALTH AND KINESIOLOGY, MA

School of Health and Kinesiology, College of Education

## Vision Statement

The School of Health and Kinesiology (H&K's) graduate programs prepare students for careers in health, physical education, exercise science, athletic training, and physical activity. By fostering the development of evidence-based work, we train students to be lifelong learners who can perform leadership roles as educators, practitioners and researchers.

## Program Contact Information

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## Public Health/Health Behavior Integrated Undergraduate/Graduate Program (IUG)

The Department of Health and Kinesiology offers an Integrated Undergraduate/Graduate program which allows outstanding students to complete the BS in Public Health undergraduate degree and the MA or MS in Health and Kinesiology with a concentration in Health Behavior graduate degree with a total of 144 total credit hours. The integrated program is designed for dedicated students who are motivated and willing to take on early the challenges relating to graduate education. Interested students are encouraged to meet with their academic advisor for more information about this program.

## Admissions

### Application Deadlines (Spring 2020, Summer 2020, and Fall 2020)

- Applications for this program are accepted on a rolling basis. All materials must be submitted prior to the beginning of the semester in which the student has elected to begin coursework.

### Program-Specific Requirements

- Two (2) letters of recommendation
- Statement of Purpose
  - Statement of goals and rationale for entering graduate program (maximum of 300 words)
- Applicants are required to have a command of oral and written English. Those who do not hold a baccalaureate or other advanced degree from the U.S., **OR** a baccalaureate or other advanced degree from a predetermined country on the waiver list, must meet the minimum language proficiency score requirement in order to be considered for admission.
  - A minimum score of 550 on the TOEFL PBT, 80 if internet-based, 6.5 if IELTS, or 53 if PTE is required.

## Degree Requirements

Code	Title	Credits
<b>Concentrations</b>		
Student must select an area of concentration.		36
Total Credits		36

## Exit Requirements

Comprehensive Examination

## Concentrations

### Health Behavior Concentration

Code	Title	Credits
<b>Required Concentration Courses</b>		
Undergraduate deficiencies may include an undergraduate statistics course.		
HEKI 8030/9031	RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION	3
PHHB 8270	INTERVENTIONS IN HEALTH EDUCATION	3
PHHB 8400	HEALTH PROMOTION PROGRAM PLANNING	3
PHHB 8600	HEALTH BEHAVIOR	3
PHHB 8750	PROGRAM EVALUATION AND INSTRUMENTATION	3
PHHB 8950	PUBLIC HEALTH LEADERSHIP AND ADVOCACY	3
PHHB 8450	EPIDEMIOLOGY & PREVENTION OF DISEASE	3
PHHB 8360	COMMUNITY HEALTH	3
<b>Electives</b>		
Health Behavior Electives: Should be determined by the advisor and start with the following graduate course prefixes: COMM, COUN, GERO, PHHB, HEKI, PA, KINS, SOC.		12
Unrelated field undergraduates select at least three of the following:		
HEKI 8100	RESEARCH PROJECT	
PHHB/GERO 8556	HEALTH ASPECTS OF AGING	
PHHB/SOC 8706	WOMEN'S HEALTH AND ISSUES OF DIVERSITY	
PHHB 8980	HEALTH EDUCATION PRACTICUM	
Total Credits		36

### Physical Education Pedagogy Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
KINS 2800	MOTOR LEARNING	
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 4150	ADAPTED PHYSICAL ACTIVITY THEORY AND PRACTICE	
BMCH 4630	BIOMECHANICS	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION	3
KINS 8040/9041	ADVANCED STATISTICS	3
KINS 8240	SPORT IN AMERICAN CULTURE	3
KINS 8280	CURRICULUM IN PHYSICAL EDUCATION	3
KINS 8370	ANALYZING PHYSICAL EDUCATION TEACHING & SPORT INSTRUCTION	3

BMCH 8400/9401	MOTOR LEARNING I	3
<b>Electives</b>		
Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		18
Total Credits		36

## Physical Education Coaching Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 2800	MOTOR LEARNING	
KINS 4150	ADAPTED PHYSICAL ACTIVITY THEORY AND PRACTICE	
BMCH 4630	BIOMECHANICS	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION	3
KINS 8040/9041	ADVANCED STATISTICS	3
KINS 8076	OPTIMIZING SPORTS PERFORMANCE	3
KINS 8370	ANALYZING PHYSICAL EDUCATION TEACHING & SPORT INSTRUCTION	3
BMCH 8400/9401	MOTOR LEARNING I	3
KINS 8506	BEHAVIORAL ASPECTS OF COACHING	3
KINS 8950/9951	ADVANCED EXERCISE PHYSIOLOGY	3
<b>Electives</b>		
Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		15
Total Credits		36

## Exercise Science Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION	3
KINS 8700/9701	PSYCHOLOGY OF PHYSICAL ACTIVITY	3
KINS 8040/9041	ADVANCED STATISTICS	3
HEKI 8850/9851	EXERCISE FOR SPECIAL POPULATIONS	3
KINS 8950/9951	ADVANCED EXERCISE PHYSIOLOGY	3
<b>Electives</b>		
Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		21
Total Credits		36

## Physical Activity in Health Promotion Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION	3
KINS 8040/9041	ADVANCED STATISTICS	3

KINS 8206	PLANNING WORKSITE WELLNESS PROGRAMS	3
KINS 8120	CURRENT TOPICS IN WEIGHT MANAGEMENT	3
KINS 8130/9131	IMPLEMENTING PHYSICAL ACTIVITY IN DIVERSE POPULATIONS	3
KINS 8140/9141	PHYSICAL ACTIVITY ASSESSMENT AND HEALTH RELATED RESEARCH	3
HEKI 8850/9851	EXERCISE FOR SPECIAL POPULATIONS	3
KINS 8700/9701 or PHHB 8600	PSYCHOLOGY OF PHYSICAL ACTIVITY HEALTH BEHAVIOR	3
<b>Practical Experience</b>		
HEKI 8100	RESEARCH PROJECT	3
<b>Recommended Electives</b>		
Select 9 hours from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		9
Total Credits		36