HEALTH AND KINESIOLOGY, MA
School of Health and Kinesiology, College of Education

Vision Statement
The School of Health and Kinesiology (H&K’s) graduate programs prepare students for careers in health, physical education, exercise science, athletic training, and physical activity. By fostering the development of evidence-based work, we train students to be lifelong learners who can perform leadership roles as educators, practitioners and researchers.

Program Contact Information
Dustin Slivka, PhD, Graduate Program Chair (GPC)
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402.554.3224
dslivka@unomaha.edu

Ellen Eitzmann, Graduate Programs Office Assistant
207 Health and Kinesiology (H&K)
402.554.2910
eeitzmann@unomaha.edu

Program Email Address (unohk@unomaha.edu)
Program Website (http://coe.unomaha.edu/hper)

Public Health/Health Behavior Integrated Undergraduate/Graduate Program (IUG)
The Department of Health and Kinesiology offers an Integrated Undergraduate/Graduate program which allows outstanding students to complete the BS in Public Health undergraduate degree and the MA or MS in Health and Kinesiology with a concentration in Health Behavior graduate degree with a total of 144 total credit hours. The integrated program is designed for dedicated students who are motivated and willing to take on early the challenges relating to graduate education. Interested students are encouraged to meet with their academic advisor for more information about this program.

Admissions
Application Deadlines (Spring 2020, Summer 2020, and Fall 2020)
• Applications for this program are accepted on a rolling basis. All materials must be submitted prior to the beginning of the semester in which the student has elected to begin coursework.

Program-Specific Requirements
• Two (2) letters of recommendation
• Statement of Purpose
  • Statement of goals and rationale for entering graduate program (maximum of 300 words)
• Applicants are required to have a command of oral and written English.
  Those who do not hold a baccalaureate or other advanced degree from the U.S., OR a baccalaureate or other advanced degree from a predetermined country on the waiver list, must meet the minimum language proficiency score requirement in order to be considered for admission.
  • A minimum score of 550 on the TOEFL PBT, 80 if internet-based, 6.5 if IELTS, or 53 if PTE is required.

Degree Requirements

Concentrations

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<td>Student must select an area of concentration.</td>
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<td>Total Credits</td>
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Health Behavior Concentration

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</table>
| Required Concentration Courses
| Undergraduate deficiencies may include an undergraduate statistics course. |
| HEKI 8030/9031 | RESEARCH IN HEALTH, PHYSICAL EDUCATION AND RECREATION | 3       |
| PHHB 8270     | INTERVENTIONS IN HEALTH EDUCATION                   | 3       |
| PHHB 8400     | HEALTH PROMOTION PROGRAM PLANNING                   | 3       |
| PHHB 8600     | HEALTH BEHAVIOR                                     | 3       |
| PHHB 8750     | PROGRAM EVALUATION AND INSTRUMENTATION              | 3       |
| PHHB 8950     | PUBLIC HEALTH LEADERSHIP AND ADVOCACY               | 3       |
| PHHB 8450     | EPIDEMIOLOGY & PREVENTION OF DISEASE                | 3       |
| PHHB 8360     | COMMUNITY HEALTH                                    | 3       |
| Electives
| Health Behavior Electives: Should be determined by the advisor and start with the following graduate course prefixes: COMM, COUN, GERO, PHHB, HEKI, PA, KINS, SOC. |
| Unrelated field undergraduates select at least three of the following: |
| HEKI 8100     | RESEARCH PROJECT                                    |         |
| PHHB/GERO 8556 | HEALTH ASPECTS OF AGING                            |         |
| PHHB/SOC 8706 | WOMEN'S HEALTH AND ISSUES OF DIVERSITY              |         |
| PHHB 8980     | HEALTH EDUCATION PRACTICUM                          |         |
| Total Credits |                                                     | 36      |

Physical Education Pedagogy Concentration

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<tr>
<td>KINS 2800</td>
<td>MOTOR LEARNING</td>
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<tr>
<td>BMCH 2400</td>
<td>HUMAN PHYSIOLOGY &amp; ANATOMY I</td>
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<tr>
<td>KINS 4150</td>
<td>ADAPTED PHYSICAL ACTIVITY THEORY AND PRACTICE</td>
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<td>BMCH 4630</td>
<td>BIOMECHANICS</td>
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<tr>
<td>KINS 4940</td>
<td>PHYSIOLOGY OF EXERCISE</td>
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<tr>
<td>PHHB 8040/9041</td>
<td>ADVANCED STATISTICS</td>
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<td>KINS 8240</td>
<td>SPORT IN AMERICAN CULTURE</td>
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<td>KINS 8280</td>
<td>CURRICULUM IN PHYSICAL EDUCATION</td>
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<td>KINS 8370</td>
<td>ANALYZING PHYSICAL EDUCATION TEACHING &amp; INSTRUCTION</td>
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### Physical Education Coaching Concentration

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<td>KINS 8076</td>
<td>OPTIMIZING SPORTS PERFORMANCE</td>
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<td>KINS 8370</td>
<td>ANALYZING PHYSICAL EDUCATION TEACHING &amp; SPORT INSTRUCTION</td>
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<td>KINS 8506</td>
<td>BEHAVIORAL ASPECTS OF COACHING</td>
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<td>ADVANCED EXERCISE PHYSIOLOGY</td>
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**Electives**

Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)

Total Credits: 36

### Exercise Science Concentration

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<td>HEKI 8850/9851</td>
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**Electives**

Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)

Total Credits: 21

### Physical Activity in Health Promotion Concentration

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