

# HEALTH AND KINESIOLOGY, MA

## Admissions

### Application Deadlines (Spring 2020, Summer 2020, and Fall 2020)

- Applications for this program are accepted on a rolling basis. All materials must be submitted prior to the beginning of the semester in which the student has elected to begin coursework.

### Program-Specific Requirements

- Two (2) letters of recommendation
- Statement of Purpose
  - Statement of goals and rationale for entering graduate program (maximum of 300 words)
- Applicants are required to have a command of oral and written English. Those who do not hold a baccalaureate or other advanced degree from the U.S., **OR** a baccalaureate or other advanced degree from a predetermined country on the waiver list, must meet the minimum language proficiency score requirement in order to be considered for admission.
  - A minimum score of 550 on the TOEFL PBT, 80 if internet-based, 6.5 if IELTS, or 53 if PTE is required.

## Degree Requirements

Code	Title	Credits
<b>Concentrations</b>		
Student must select an area of concentration.		36
Total Credits		36

## Exit Requirements

Comprehensive Examination

## Concentrations

### Health Behavior Concentration

Code	Title	Credits
<b>Required Concentration Courses</b>		
Undergraduate deficiencies may include an undergraduate statistics course.		
HEKI 8030/9031	RESEARCH IN HEALTH & KINESIOLOGY	3
PHHB 8270	INTERVENTIONS IN HEALTH EDUCATION	3
PHHB 8400	HEALTH PROMOTION PROGRAM PLANNING	3
PHHB 8600	HEALTH BEHAVIOR	3
PHHB 8750	PROGRAM EVALUATION AND INSTRUMENTATION	3
PHHB 8950	PUBLIC HEALTH LEADERSHIP AND ADVOCACY	3
PHHB 8450	EPIDEMIOLOGY & PREVENTION OF DISEASE	3
PHHB 8360	COMMUNITY HEALTH	3
<b>Electives</b>		
Health Behavior Electives: Should be determined by the advisor and start with the following graduate course prefixes: COMM, COUN, GERO, PHHB, HEKI, PA, KINS, SOC.		12
Unrelated field undergraduates select at least three of the following:		

HEKI 8100	RESEARCH PROJECT	
PHHB/GERO 8556	HEALTH ASPECTS OF AGING	
PHHB/SOC 8706	WOMEN'S HEALTH AND ISSUES OF DIVERSITY	
PHHB 8980	HEALTH EDUCATION PRACTICUM	
Total Credits		36

### Physical Education Pedagogy Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
KINS 2800	MOTOR LEARNING	
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 4150	ADAPTED PHYSICAL ACTIVITY THEORY AND PRACTICE	
BMCH 4630	BIOMECHANICS	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH & KINESIOLOGY	3
KINS 8040/9041	ADVANCED STATISTICS	3
KINS 8240	SPORT IN AMERICAN CULTURE	3
KINS 8280	CURRICULUM IN PHYSICAL EDUCATION	3
KINS 8370	ANALYZING PHYSICAL EDUCATION TEACHING & SPORT INSTRUCTION	3
BMCH 8400/9401	MOTOR LEARNING I	3
<b>Electives</b>		
Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		18
Total Credits		36

### Physical Education Coaching Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 2800	MOTOR LEARNING	
KINS 4150	ADAPTED PHYSICAL ACTIVITY THEORY AND PRACTICE	
BMCH 4630	BIOMECHANICS	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH & KINESIOLOGY	3
KINS 8040/9041	ADVANCED STATISTICS	3
KINS 8076	OPTIMIZING SPORTS PERFORMANCE	3
KINS 8370	ANALYZING PHYSICAL EDUCATION TEACHING & SPORT INSTRUCTION	3
BMCH 8400/9401	MOTOR LEARNING I	3
KINS 8506	BEHAVIORAL ASPECTS OF COACHING	3
KINS 8950/9951	ADVANCED EXERCISE PHYSIOLOGY	3
<b>Electives</b>		
Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		15
Total Credits		36

### Exercise Science Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		

HEKI 8030/9031	RESEARCH IN HEALTH & KINESIOLOGY	3
KINS 8700/9701	PSYCHOLOGY OF PHYSICAL ACTIVITY	3
KINS 8040/9041	ADVANCED STATISTICS	3
HEKI 8850/9851	EXERCISE FOR SPECIAL POPULATIONS	3
KINS 8950/9951	ADVANCED EXERCISE PHYSIOLOGY	3
<b>Electives</b>		
Select from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		21
<b>Total Credits</b>		<b>36</b>

## Physical Activity in Health Promotion Concentration

Code	Title	Credits
<b>Undergraduate deficiencies may include:</b>		
BMCH 2400	HUMAN PHYSIOLOGY & ANATOMY I	
KINS 4940	PHYSIOLOGY OF EXERCISE	
<b>Required Concentration Courses</b>		
HEKI 8030/9031	RESEARCH IN HEALTH & KINESIOLOGY	3
KINS 8040/9041	ADVANCED STATISTICS	3
KINS 8206	PLANNING WORKSITE WELLNESS PROGRAMS	3
KINS 8120	CURRENT TOPICS IN WEIGHT MANAGEMENT	3
KINS 8130/9131	IMPLEMENTING PHYSICAL ACTIVITY IN DIVERSE POPULATIONS	3
KINS 8140/9141	PHYSICAL ACTIVITY ASSESSMENT AND HEALTH RELATED RESEARCH	3
HEKI 8850/9851	EXERCISE FOR SPECIAL POPULATIONS	3
KINS 8700/9701	PSYCHOLOGY OF PHYSICAL ACTIVITY	3
or PHHB 8600	HEALTH BEHAVIOR	
<b>Practical Experience</b>		
HEKI 8100	RESEARCH PROJECT	3
<b>Recommended Electives</b>		
Select 9 hours from the following graduate course prefixes: PHHB, HEKI, KINS. (Others upon approval)		9
<b>Total Credits</b>		<b>36</b>