

# WORKSITE WELLNESS MINOR

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## Worksite Wellness Minor Requirements

Code	Title	Credits
<b>15 Hours Required</b>		
<b>Required Courses</b>		<b>9</b>
KINS 1800	FITNESS FOR LIVING	
KINS 4200	PLANNING WORKSITE WELLNESS PROGRAMS	
PHHB 2310	HEALTHFUL LIVING	
<b>Select from the following</b>		<b>6</b>
MKT 3200	BUSINESS COMMUNICATIONS	
MGMT 3490	MANAGING PEOPLE AND ORGANIZATIONS	
PA 3500	NONPROFIT ORGANIZATIONS AND MANAGEMENT	
PA 3600	PERSONNEL AND VOLUNTEER MANAGEMENT IN NONPROFITS	
KINS 3900	MOTIVATION FOR PHYSICAL ACTIVITY	
KINS 4700	FITNESS MANAGEMENT	