

HEALTHY AGING CONCENTRATION

Gerontology, Bachelor of Science in Gerontology - Healthy Aging Concentration Requirements

Code	Title	Credits
GENERAL EDUCATION REQUIREMENTS - 46 Hours Required		
Minimum of "C-" required		
Fundamental Academic Skills		15
ENGL 1150	ENGLISH COMPOSITION I	
ENGL 1160	ENGLISH COMPOSITION II	
Writing in the Discipline Course		
CMST 1110	PUBLIC SPEAKING FUNDS	
or CMST 2120	ARGUMENTATION AND DEBATE	
MATH 1120	INTRODUCTION TO MATHEMATICAL AND COMPUTATIONAL THINKING	
or MATH 1100	DATA LITERACY AND VISUALIZATION	
or MATH 1130	QUANTITATIVE LITERACY	
or MATH 1140	QUANTITATIVE REASONING FOR HEALTHCARE PROFESSIONALS	
or MATH 1300	COLLEGE ALGEBRA WITH SUPPORT	
or STAT 1100	DATA LITERACY AND VISUALIZATION	
or STAT 1530	ELEMENTARY STATISTICS	
Distribution Requirements		31
Natural Science - From two disciplines and at least one lab - 7 hrs		
Social Science - From two disciplines - 9 hrs		
Humanities and Fine Arts - From two disciplines - 9 hrs		
Global Diversity - 3 hrs		
US Diversity - 3 hrs		
MAJOR REQUIREMENTS - 60 Hours Required		
**Course will satisfy UNO's General Education requirement		
^Course requires pre-requisite(s)		
Minimum of C- required.		
Required Core Courses		42
GERO 2000	INTRODUCTION TO GERONTOLOGY (**)	
GERO 3000	COMMUNITY RESOURCES FOR OLDER ADULTS (^)	
or GERO 4670	PROGRAMS AND SERVICES FOR OLDER ADULTS	
GERO 3070	DEATH AND DYING	
GERO 3250	RESEARCH METHODS IN GERONTOLOGY	
STAT 1530	ELEMENTARY STATISTICS (**)	
or STAT 1100	DATA LITERACY AND VISUALIZATION	
GERO 3500	BIOLOGICAL PRINCIPLES OF AGING (^)	
GERO 4460	PSYCHOLOGY OF ADULT DEVELOPMENT AND AGING (^)	
GERO 4470	MENTAL HEALTH AND AGING (^)	
GERO 4550	HEALTH ASPECTS OF AGING	
GERO 4690	AGING AND DIVERSITY	
Additional 3 Gerontology Courses - 9 hrs		
GERO 4940	PRACTICUM	
Healthy Aging Concentration Courses		18

GERO 4560	NUTRITION AND AGING (^)
GERO 4420	RECREATION FOR THE AGING
GERO 4850	HOSPICE & OTHER SERVICES FOR THE DYING PATIENT/FAMILY

Select 3 courses from the following 9 Hours

GERO 4570	REHABILITATIVE DESIGN
GERO 4200	VOLUNTEER MANAGEMENT (^)
PHHB 1500	FOUNDATIONS IN PUBLIC HEALTH (**)
PHHB 2070	SUBSTANCE ABUSE AND MISUSE: PREVENTION AND MANAGEMENT
PHHB 2850	STRESS MANAGEMENT
PHHB 2310	HEALTHFUL LIVING
PHHB 3080	HUMAN SEXUALITY
PHHB 4650	GLOBAL HEALTH (**)
PHHB 4130	COMMUNITY HEALTH
HEKI 3090	APPLIED NUTRITION (**)
PE 1800	FITNESS FOR LIVING
KINS 3900	MOTIVATION FOR PHYSICAL ACTIVITY (^)

May choose up to 3 courses from: PEA 100 level

ELECTIVES

Elective hours as required to reach a total of 120 hours